



Training Schedule
On
Safe motherhood, Midwifery, Essential Maternal and Newborn Care for Medical Doctors & Nurses
Duration of training program: 05 (five) days
Participants: Health personnel
No. of participants: 20 (twenty) per batch

Objective: To develop midwifery skills, safe motherhood skills and skills for essential and newborn care in order to improve a dire maternal and child health situation in Afghanistan.

Venue:

Session	Day & Time	Topic	Methodology	Facilitators
	Day-1:			
	9:30 am-10.00 am	Registration		
	10.00 am- 10.40 am	Inauguration ceremony	Discussion and games	Organization head with other health officials
		Creating learning environment		
	10.40 am – 11.00 am	Tea Break		
Session-1	11.00 am- 1.00 am	Safe motherhood (definition, how & why)	Poster/ flipchart &ppt presentation Exercise/ dummy session	Gynae consultant
		Danger Signs, importance to counsel mothers		
		Care in pregnancy, during & after delivery.		
		NVD (normal vaginal delivery), use of pantograph and why important?		
		PPH, use of Tab. Misoprostol after delivery		
		Caesarian indication, record keeping		
	1.00 pm- 1.45 pm	Prayer & lunch Break		
Session- 2	1.45 pm- 3.30 pm	Infection Prevention (IP)	ppt presentation	Consultant/ Medical Officer
		Clinical waste management		
		Patient referral & follow up		
	3.30 pm- 4.00 pm	Tea Break		
Continued	4.00 pm-4.30 pm	1 st day closing		TC/PC
	Day-2:			
	9.30 am-10.00 am	Recap/ review of last day's sessions	Discussion	TC and or PC
Session- 3	10.00 am- 11.00 am	Essential newborn care at delivery	Poster/ppt presentation	Child specialist/ consultant
		Neonatal danger signs and its implications		
	11.00 am- 11.15 am	Tea Break		
Continued	11.15 am- 1.00 pm	Prevention of neonatal infections & treatment of Sepsis/ use of 7.1% Chlorhexidine	As above	Child specialist/ consultant
		Helping Babies Breathe (HBB) Hypoxic ischemic encephalopathy/ Neonatal asphyxia/ Neonatal resuscitation		
		Kangaroo mother care (KMC)/ Managing premature and LBW babies		
		Breastfeeding and complementary feeding		
	1.00 pm- 1.45pm	Prayer & lunch Break		
Session- 4	1.45 pm- 3.30 pm	Child Health: Introduction, child nutrition & child health situation in Afghanistan	Poster/ppt Presentation	Consultant/ Medical Officer
		Child Nutrition: SAM Corner & other relevant initiatives to reduce mal-nourishment		
	3.30 pm- 4.00 pm	Health Break		
Continued	4.00 pm- 4.30 pm	Closing remarks	Discussion	Organization officials

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	Day-3			
	9:30-10:00 am	Recap/review of last day session with break-up		
Session-5	10.00 am-01:00 pm	Preparation of delivery , sign, syndrome of delivery, Method of normal delivery Cutting umbilical cord, twin baby management ,	Poster/ppt Presentation	<i>Gynae</i> consultant
	01:00 pm -02:00pm	Prayer and Lunch break		
Session-6	02:00pm-03:30pm	Neonatal care, current situation of mother and child health of country, physical examination of neo-natal, infection of neonatal,	poster/ppt presentation	Child specialist/doctor
	03:30-04:00pm	Tea break		
	04:05:00 pm	Infection of neonatal, causes of infection, disinfection procedure	Poster/ppt presentation	Doctors/Senior Nurse
	Day-4			
	09:30-09:50	Recap and review of last day session with		
	09:50-10:00	Tea break		
Session-7	10:00-01:00	Current situation of mother and child health of Country, infection of neo-natal, prevalence of mortality and morbidity of mother and child. Different types of illness of child and measurement.	Poster ppt/presentation	Health officials
	01:00-02:00	Prayer and lunch break		
Session-8	02:00-05:00	Danger sign of new natal and emergency referral. Prevention of sexual infection and management, Genital ulcer syndrome, identification RTI and STI and Management of FP service.	Poster ppt/presentation	Doctor/Senior midwife
	Day-5			
	09:30-09:50	Recap and review of last day session with		
	09:50-10:00	Tea Break		
Session-9	10:00-01:00	sign syndrome of crack nipples and primary management, causes of insufficient of breast milk; management and prevention, post natal counseling.	Poster ppt/ presentation	Doctor
	01:00-02:00	Prayer and lunch break		
session:10	02:00-05:00	Training course evaluation and Closing remarks by the trainees and the trainers of the TOT programme.		Health officials. Training Director. Training coordinator